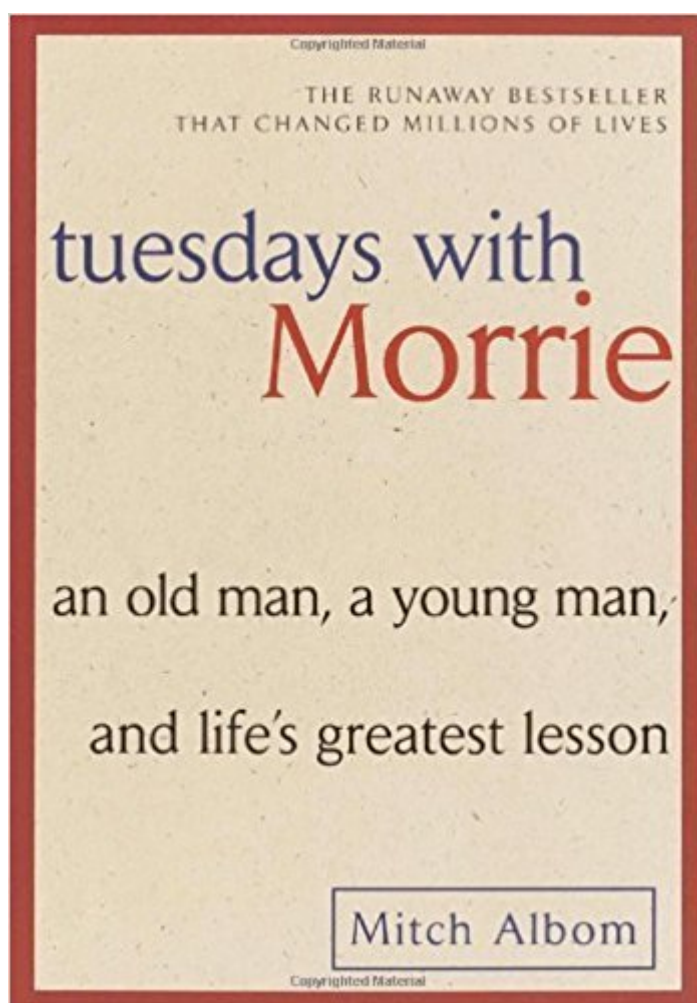


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Tuesdays With Morrie: An Old Man, A Young Man, And Life's Greatest Lesson By Albom, Mitch Unknown Edition [Paperback(2002)]



Synopsis

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Book Information

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Customer Reviews

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Monsieur Albom is likely the best writer I have read. This saga regarding himself being the player and Morrie his coach presents itself "life's lessons important to the concept of life including of course death." For death comes, or will come to all. Therefore, maybe, just maybe the greatest concept one gathers from life is "trust." All must turn to the proper coach which only comes from "trust." Many roads, or ways bring all to "trust," and maybe the key to "Trust" is belief built upon what else other than LOVE. Amen

LOVED this book! Mitch Albom is one of my all time favorite authors! His books have made me cry, realize the importance of life, has humbled me, and made me get the Most out of my days. If you're into action packed, thriller, kind of novels, he's not the author for you. He is though someone who will make you want to "step it up" in life, so to speak, after reading his books. Mitch will make you say, I Love You more, not just to your family, but to *Yourself*. If you haven't read Tuesdays With Morrie, please do. It's a quick read anyway!

This is the book everyone recommends when someone in your family is diagnosed with ALS. It's the story of one person's choice to document their slow crawl to death from ALS and how he chose to love and live and teach those around him to the very end. It goes straight to your heart and reminds you of the deeper and meaningful side of life in the face of such a terrible disease. For those of us who are facing this disease in your own family, my heart goes out to you. I couldn't read it all in one or two sittings like some of my family did but this book reminded me to not let ALS destroy me too. It motivated me to get back on track to living a life devoted to the things that give meaning to myself, devoted to those I love and devoted to the community around me.

Tuesdays with Morrie by Mitch Albom is one of my most recent books, and perhaps favorite book. In the book, Albom reflects on the time he spent with his 78 year-old professor, Morrie Schwartz, who was dying of Lou Gehrig's Disease, or ALS. Sixteen years after graduation from Brandeis, Albom had lost contact with his favorite professor until he saw a special on Nightline about his professor and his battle with ALS. Due to a strike, Albom's schedule cleared up, allowing him to commute from Detroit to Boston every Tuesday for the next fourteen weeks to learn lessons and gain valuable insights from Morrie up until his professor's death. This book touched me because it is literally a collection of a dying man's wisdom about life, death, and love. I have chosen to share a couple of the personally impactful quotes from the book.

"Accept what you are able to do and what you are not able to do. Learn to forgive yourself and forgive others." This quote from Morrie struck a cord with me because I tend to look upon past failures with regret and longing to change the outcome. However, the past is the past and while it may be difficult to look ahead, it is vital that I do so. If a man on his deathbed can make the conscious decision to accept what he can and cannot control about his life and death, then I can do the same with my comparatively easy life.

"Devote yourself to loving others, devote yourself to your community around you, and devote yourself to creating something that gives you purpose and meaning." Throughout all of Mitch's visits with his dying professor, Morrie explained that love is everything. Morrie quoted his favorite poet, W.H. Auden, in saying "love or perish." He truly believed that there is a void in a person's life if they do not have love. Without love, Morrie would not have had anyone to take care of him in his final stages and ultimately "wipe his ass" (his words). We hear time and time again to place relationships above all else, but that lesson never took hold of me until this book. Morrie's insistence on living a

life of purpose and love has more meaning than if it had come from anyone else due to the fact that he felt this idea was important enough to repeat numerous times to his student before his death. As I move forward into a career and post-grad life, Morrie's words will be on the back of my mind, reminding me to love and build relationships because in the end, those are the only things that matter.

Most of us think of the dying with horror. We'd much rather have a root canal than spend time with a dying individual. However, Morrie was not your average fatally ill man. He had been a university professor and when ALS made teaching in a classroom impossible to do any more, he decided he still had more lessons to learn and impart before he died. So he set out on a quest to learn how to die in order to really understand how to live and taught those lessons to a former student. One of the biggest lessons he learned and taught was to really listen to others rather than thinking his own thoughts while others talked. It must have worked well because hundreds of people came to see him as his body steadily deteriorated. And he learned to celebrate his end while he was still alive and able to express how important his loved ones and friends had been to him as well as hear them express their appreciation for him. He also described the delicate emotional balance he maintained, allowing himself the leisure to cry and mourn his condition for some given moments most mornings before moving on with the day at hand. I hope never to develop something as terrible as ALS. Yet, I hope I can develop and foster some of the strengths and characteristics Morrie exhibited in order to live the life I have better.

My wife recommended this book. I tried several times to read it. Each time, I found it to fluffy for my tastes. Finally, I made myself read it. I was not impressed. Too much hippisms for my taste. The book tried too hard to be a feel good read.

Great book I wanted to share with a friend!

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